



## Boot faster and get more raw CPU performance at a lower cost with Windows 10 premium devices

Laptops using Windows 10 started up in less time, completed CPU-intensive tasks faster, and cost less on average than laptops running macOS

You need a laptop that saves you time on everyday tasks like booting and working with CPU-hungry applications. But you also want to be smart about how you spend. How can you balance these desires for performance and affordability? To find out, Principled Technologies tested 16 laptops—11 of which ran Microsoft Windows 10 Pro or Windows 10 Home operating systems, and five of which ran Apple® macOS® High Sierra or macOS Mojave.

On average, laptops running Windows 10 booted in 46 percent less time than laptops running macOS and performed up to 14 percent better on a CPU-intensive benchmark. In addition, Windows 10-based laptops cost an average of US\$305 less than macOS-based laptops. If you're seeking responsive devices that won't break the bank, these laptops running Windows 10 are a compelling option.



**Boot  
in 46% less time  
1.8x as fast\***



**Get 14% better  
CPU performance\***  
on the Cinebench R15  
multi-core benchmark



**Save 19%  
US\$305**  
per device\*†

\*on average, based on testing of 11 laptops running Windows 10 vs. 5 laptops running macOS

†based on MSRP data obtained on March 11, 2019

## How we tested

We tested the following Windows 10 premium laptops. For more details on these devices, see [Appendix B: System configuration information](#).

### Microsoft Windows 10 laptops:

- **Acer® Swift 5 14**  
Intel® Core™ i5 / 8GB / 256GB SSD / Intel GPU
- **ASUS ZenBook 14**  
Intel Core i7 / 16GB / 512GB SSD / Intel GPU
- **Dell™ XPS™ 15**  
Intel Core i7 / 16GB / 512GB SSD / NVIDIA® GPU
- **Dell XPS 13**  
Intel Core i7 / 16GB / 512GB SSD / Intel GPU
- **Dell Inspiron™ 7000 2-in-1 13**  
Intel Core i5 / 8GB / 256GB SSD / Intel GPU
- **HP Spectre® x360 15**  
Intel Core i7 / 16GB / 512GB SSD / NVIDIA GPU
- **HP Spectre x360 13**  
Intel Core i7 / 8GB / 256GB SSD / Intel GPU
- **HP Envy x360 15**  
Intel Core i5 / 8GB / 256GB SSD / Intel GPU
- **HP Envy x360 13**  
AMD Ryzen™ 5 / 8GB / 128GB SSD / AMD GPU
- **Lenovo® Yoga™ C930 14**  
Intel Core i7 / 16GB / 512GB SSD / Intel GPU
- **Lenovo Yoga 730 13**  
Intel Core i5 / 8GB / 256GB SSD / Intel GPU

### Apple macOS laptops:

- **Apple MacBook Air® 13**  
Intel Core i5 / 8GB / 128GB SSD / Intel GPU
- **Apple MacBook Air 13**  
Intel Core i5 / 8GB / 256GB SSD / Intel GPU
- **Apple MacBook Pro® 13**  
Intel Core i5 / 8GB / 128GB SSD / Intel GPU
- **Apple MacBook Pro 13**  
Intel Core i5 / 8GB / 256GB SSD / Intel GPU
- **Apple MacBook Pro 15**  
Intel Core i7 / 16GB / 256GB SSD / AMD GPU

We used a stopwatch to measure the time each laptop took to start up. For both the boot and Cinebench testing, we ran each test five times on each device and calculated the mean (average) of the five timings. On the following pages, we present the average result for each device, as well as the average across all the Windows 10- and macOS-based devices. For the full results, see [Appendix A: Our results](#).

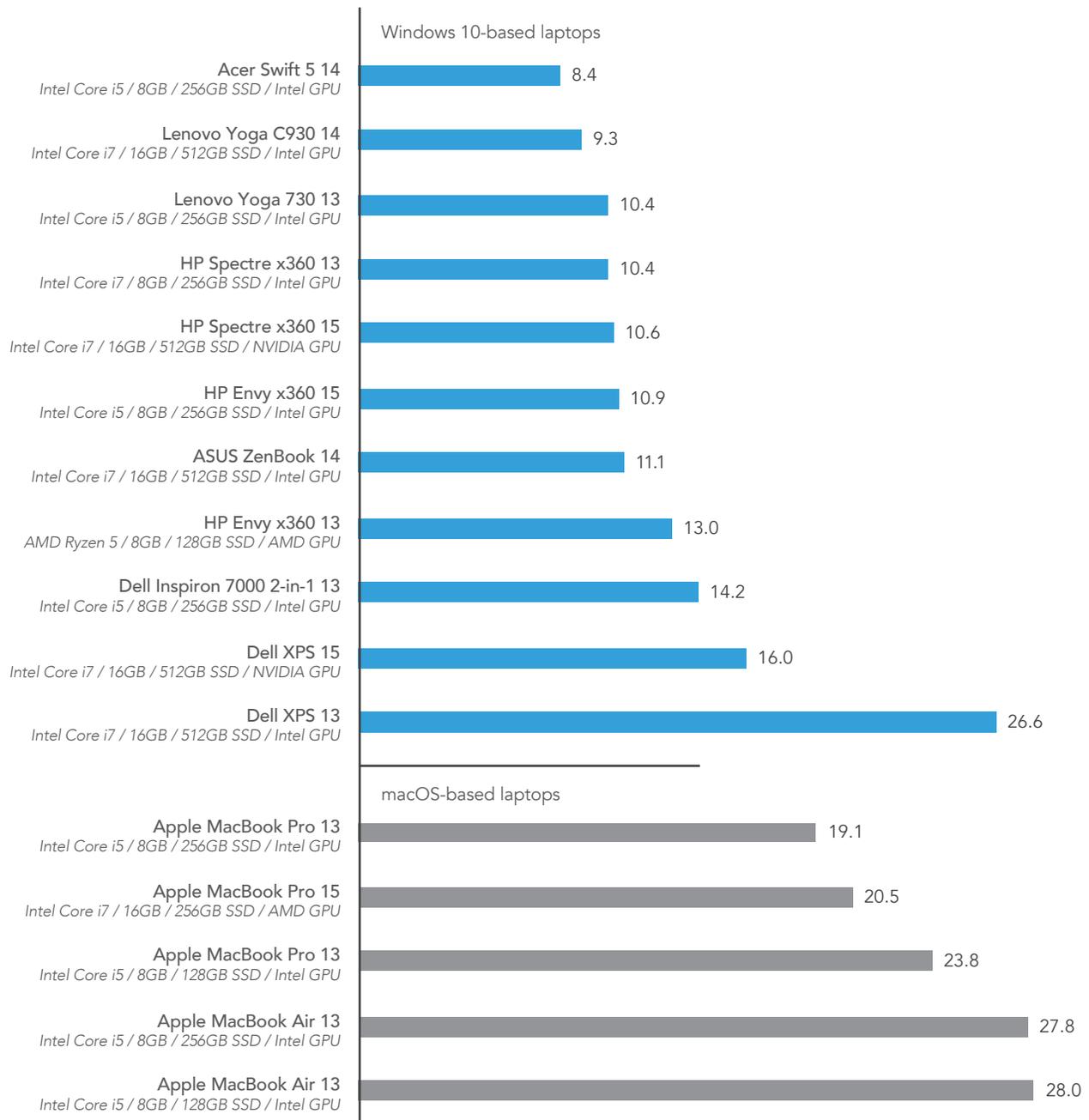


## Get to work sooner with faster boot times

The longer you have to wait for your laptop to start up, the less time you have to accomplish your goals. As the below chart demonstrates, the devices running Windows 10 consistently outperformed the MacOS-based devices on our boot testing, with all but one Windows 10-based device starting up faster than every laptop running MacOS. The Acer Swift 5, the speediest of the laptops we tested, booted up in under 9 seconds.

### Boot times by device in seconds

(lower is better)

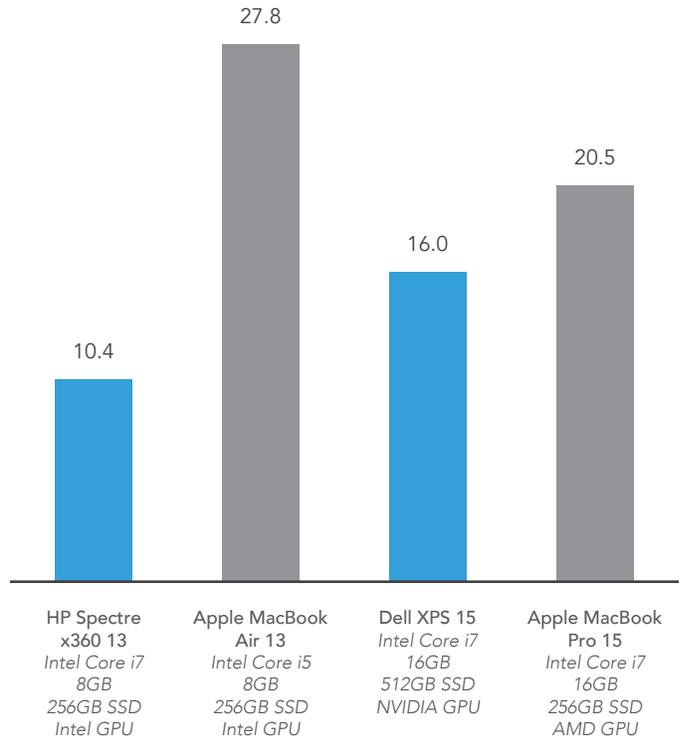




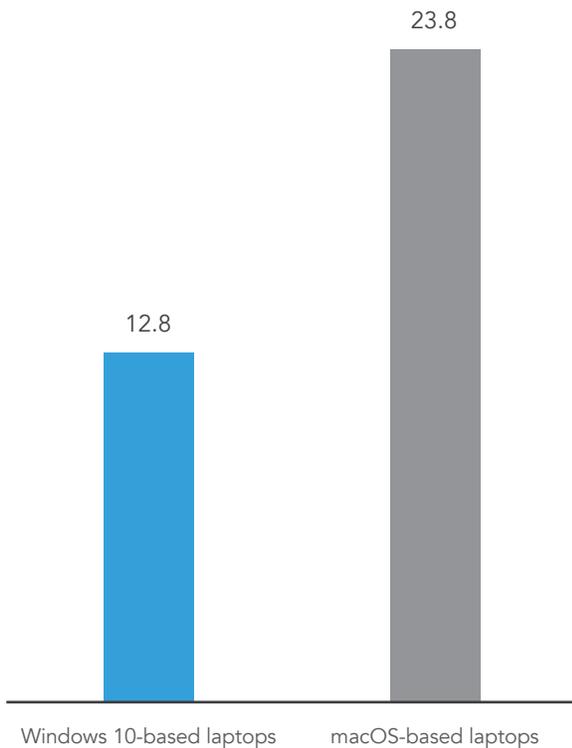
The graph on the right compares the boot times of some devices with comparable specs. The HP Spectre x360 13 and the MacBook Air 13, for example, are both 13-inch devices with 256GB of storage and similar price points (see [page 8](#) for more pricing information). The HP Spectre x360 13 booted in a little over 10 seconds, saving over 17 seconds compared to the MacBook Air 13.

The Dell XPS 15 4K and the MacBook Pro 15 are both 15-inch devices that are the highest-priced within their respective categories. In our testing, the Dell XPS 15 4K booted up in 21 percent less time than the MacBook Pro 15.

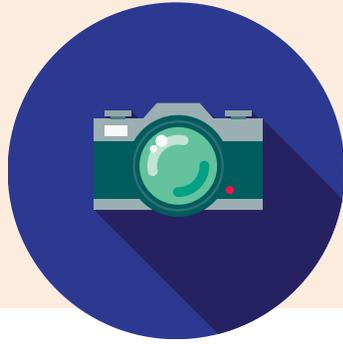
### Boot times in seconds (individual device comparisons) (lower is better)



### Average boot times in seconds (lower is better)



On average, the Windows 10-based laptops we tested booted in 46 percent less time than the laptops running macOS. You could save an average of 11 seconds each time you start your laptop—taking less than 13 seconds with Windows 10-based laptops compared to the almost 24-second average of the laptops running macOS. Over months and years, these time savings would add up, helping you spend more time on the activities that matter most.



## Finish CPU-intensive tasks sooner

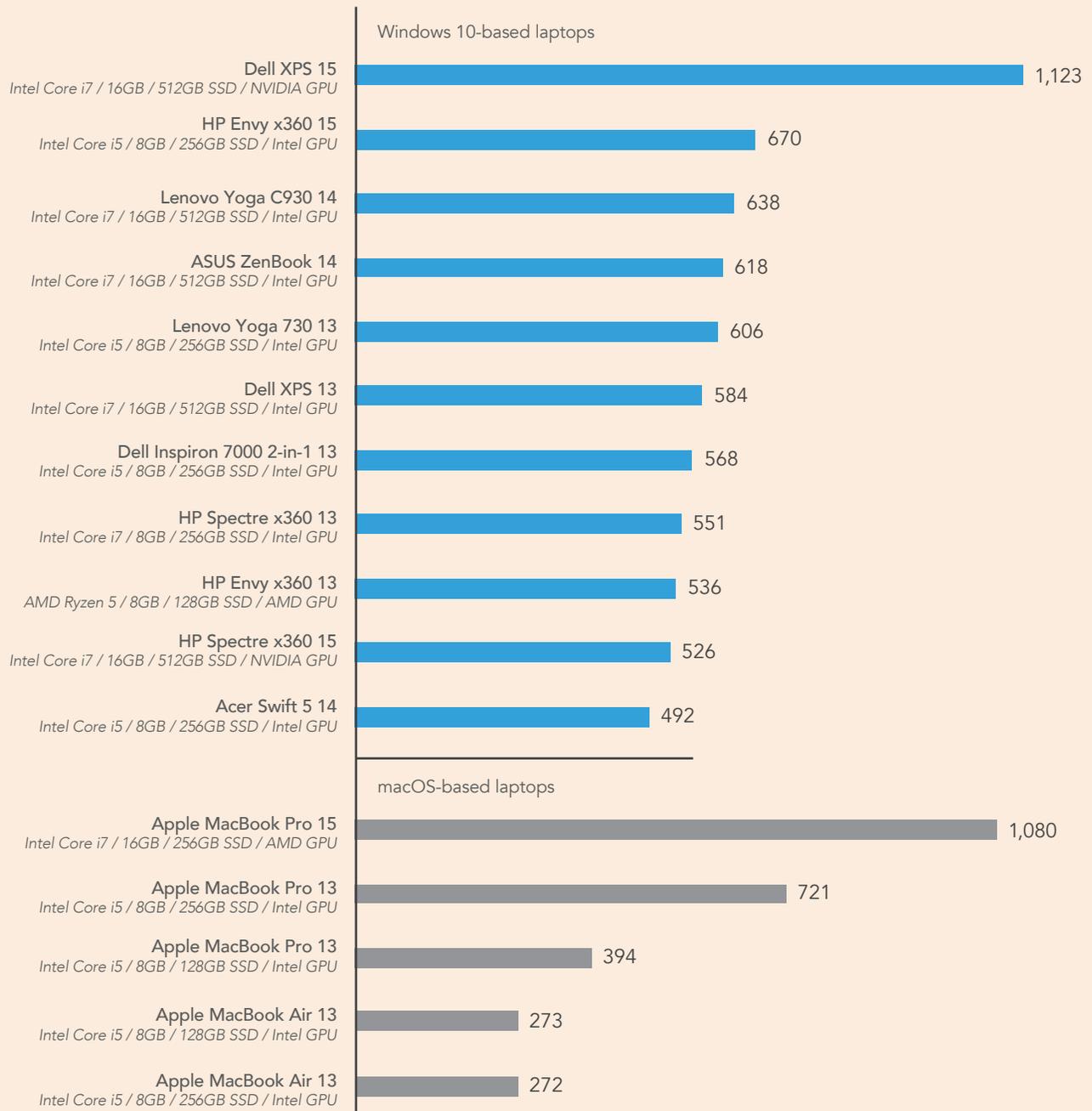
Many common applications require a lot of processing power, such as modeling and rendering programs, video and editing software (like the Adobe® software suite), and Microsoft Excel. To accommodate these CPU-hungry applications, processors often send information along multiple channels (cores) simultaneously, helping reduce lag times for end users. We tested the Windows 10- and macOS-based laptops using the Cinebench benchmark, which provides both single- and multi-core scores for a device's CPU performance (see below for more information on the benchmark). The multi-core score highlights how a device will likely perform while running software that can take advantage of multiple cores in a processor (such as the applications mentioned above), while the single-core score indicates how a device will likely perform if the user only needs one core of computing power.

We used two versions of Cinebench: R20, the version released in 2019,<sup>1</sup> and R15, the version active from 2013 to 2019.<sup>2</sup> We chose to run both versions because Cinebench R15 has a large user base and generates scores that are still relevant to many consumers, while Cinebench R20 produces scores that may be more applicable to the latest processors.

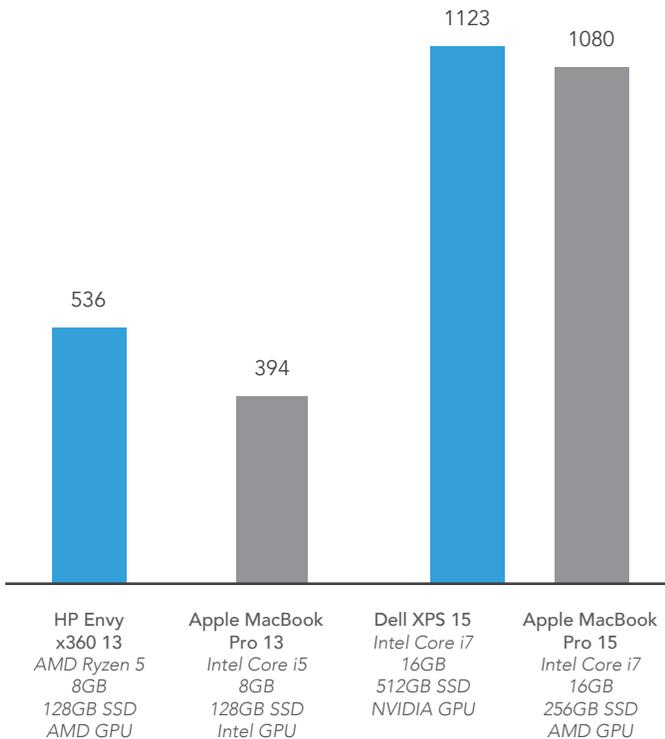
Cinebench gauges CPU performance by measuring how well a device can render a three-dimensional scene. According to Maxon, Cinebench differs from "abstract benchmarks, which only test specific functions of CPUs," because it provides "a real-world benchmark that incorporates a user's common tasks within Cinema 4D to measure a system's performance."<sup>3</sup> Cinebench R20 requires eight times the computational power and four times the memory of the R15 version, and also uses a test scene that is larger and more complex. Learn more at <https://www.maxon.net/en-us/products/cinebench-r20-overview/>.

The graph below shows the individual device results of the Cinebench R15 multi-core test. (For a detailed breakdown of our results and testing methodology, see [Appendix C: How we tested.](#)) The Dell XPS 15 achieved the best performance across both groups, boasting a score of 1,123. Across the board, the Windows 10-based devices outperformed all but two of the MacBook devices.

### Cinebench R15 multi-core scores (higher is better)



## Cinebench R15 multi-core scores (individual device comparisons) (higher is better)

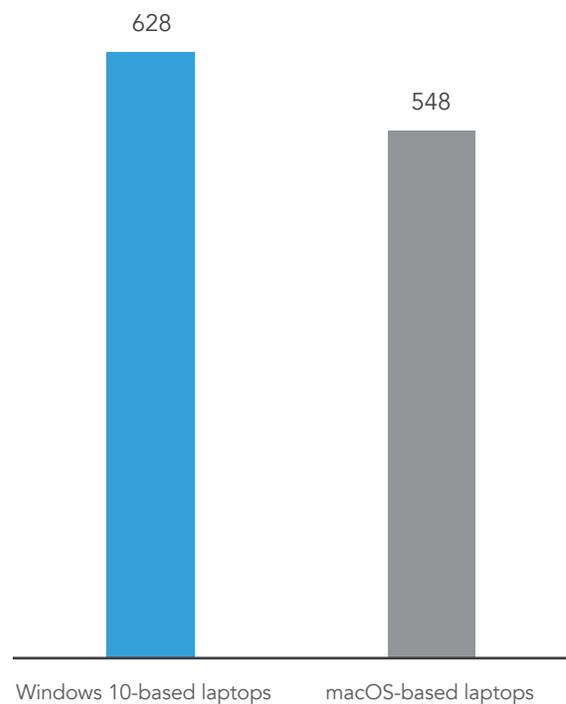


The graph on the left shows the Cinebench R15 multi-core scores of devices with similar specs. The HP Envy x360 13 and the MacBook Pro 13 are both 13-inch devices with 128 GB of storage. In this test, the HP Envy x360 13 gained a score that was 36 percent higher than the MacBook Pro 13.

As with the boot testing, we again compared the performance of the Dell XPS 15 4K and the MacBook Pro 15 because they are both 15-inch devices that performed the best in their respective categories. Although the margin was closer here, the Dell XPS 15 4K still beat out the Apple MacBook Pro 15 by 3 percent.

As a group, the Windows 10-based computers performed 14 percent better on the R15 multi-core test than the macOS-based devices. On average, across all four tests (single- and multi-core testing on both the R15 and R20 benchmarks), the laptops running Windows 10 outperformed those running macOS. With a laptop that can quickly perform CPU-intensive tasks, you can get your work done more efficiently.

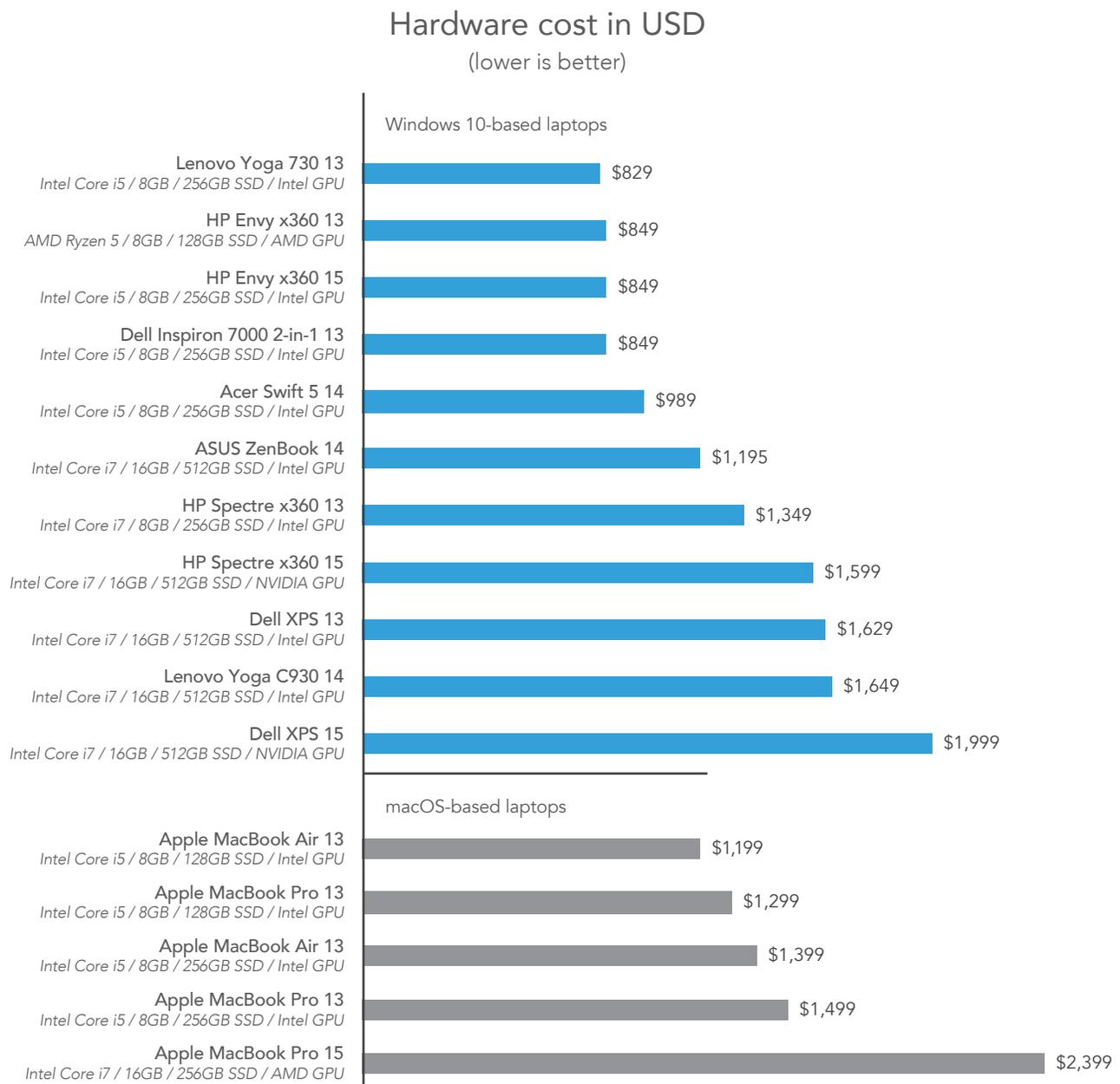
## Average Cinebench R15 multi-core scores (higher is better)



## Invest wisely

Buying a new laptop can be a significant investment, which is why you want to make sure you're getting the biggest bang for your buck. According to the testing we conducted, Windows 10-based laptops didn't only boot up faster and perform better on a CPU-intensive benchmark—they also cost less on average than the macOS-based devices we tested. This means you could get more performance in the areas we tested for less, compared to devices running macOS.

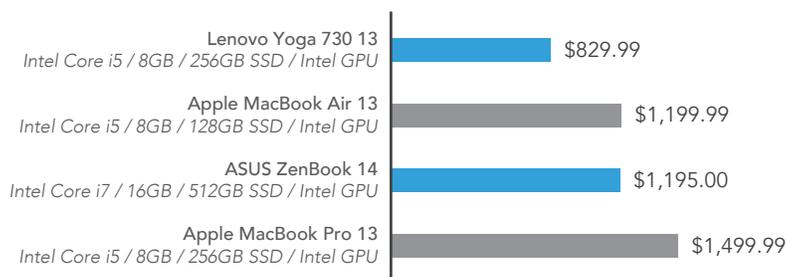
According to MSRP data we obtained on March 11, 2019, the most affordable Windows 10-based laptop, the Lenovo Yoga 730 13, cost \$829, while the lowest-priced macOS-based laptop rang in at almost \$1,200. At the top of the spectrum, the most expensive Windows 10-based laptop, the Dell XPS 13, cost \$400 less than the priciest laptop in the macOS category, the Apple MacBook Pro 15.



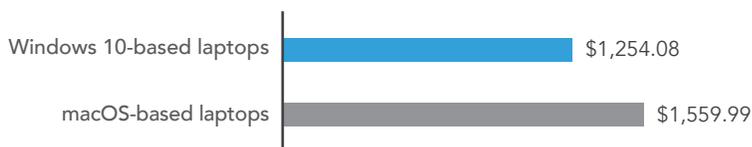
As part of our price comparison, we also took a look at some individual devices with similar specs. The Lenovo Yoga 730 and the MacBook Air 13 were the least expensive devices in their respective category, although the Lenovo Yoga 730 cost \$370 less than the MacBook Air 13.

In terms of price, the ASUS ZenBook 14 and the MacBook Pro 13 (256 GB) both fall in the middle of the pack for their categories. While they each have similar screen sizes, the ASUS ZenBook 14 has twice the amount of memory (512 GB versus 256 GB) and storage (16 GB versus 8 GB) while still costing over \$300 less than the MacBook Pro 13.

## Hardware cost in USD (individual device comparisons) (lower is better)



## Average hardware cost in USD (lower is better)



When we averaged the laptop prices across each group, we found that Windows 10-based laptops also cost an average of \$305 less than the macOS-based laptops.

## Spend up to 44% less on comparable laptops\*

**Lenovo Yoga 730 13**

\$829.99  
Intel Core i5  
8GB RAM  
256GB SSD

vs.

**Apple MacBook Pro 13**

\$1,499.99  
Intel Core i5  
8GB RAM  
256GB SSD



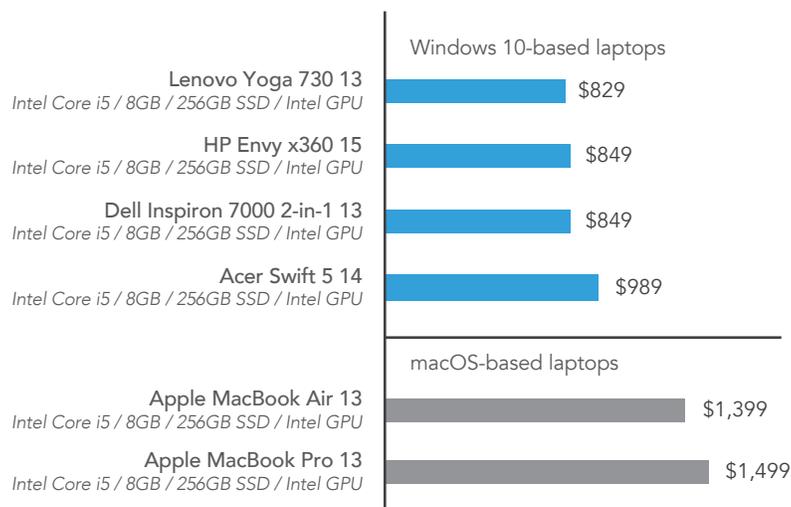
\*based on MSRP data obtained on March 11, 2019

The graph on the right shows all the devices with an Intel Core i5 processor, 8 GB of RAM, 256 GB of storage, and an Intel GPU. The Windows 10-based devices cost up to \$670 less than their MacBook counterparts, even while sharing the specs mentioned above.

Collectively, these prices indicate that you could save money by selecting the Windows 10-based devices we tested, while potentially still reaping the benefits of faster start times and better performance on CPU-intensive tasks.

## Hardware cost in USD - Intel Core i5 devices

(lower is better)





## Conclusion

You want a cost-effective laptop that helps you complete computer-based tasks as efficiently as possible. Our testing determined that, on average, Windows 10 premium laptops booted in 46 percent less time, delivered up to 14 percent better performance on a CPU benchmark, and cost \$305 less than laptops running macOS. With Windows 10, you could save money and power through CPU-intensive tasks faster, allowing you to spend more time on what matters most.

- 
- 1 Maxon, "Maxon announces next generation Cinebench release 20," accessed October 25, 2019, <https://www.maxon.net/en-us/news/maxon-news/article/maxon-announces-next-generation-cinebench-release-20/>.
  - 2 Jennifer Wolfe, "MAXON Cinebench R15 Now Available," accessed October 25, 2019, <https://www.awn.com/news/maxon-cinebench-r15-now-available>.
  - 3 Maxon, "Cinebench," accessed October 25, 2019, <https://www.maxon.net/en-us/products/cinebench-r20-overview/>.

We concluded our hands-on testing on June 26, 2019. During testing, we determined the appropriate hardware and software configurations and applied updates as they became available. The results in this report reflect configurations that we finalized on May 6, 2019 or earlier. Unavoidably, these configurations may not represent the latest versions available when this report appears.

## Appendix A: Our results

| System                         | Boot time (seconds) | Cinebench R20 multi-core | Cinebench R20 single-core | Cinebench R15 multi-core | Cinebench R15 single-core | Hardware cost (USD) |
|--------------------------------|---------------------|--------------------------|---------------------------|--------------------------|---------------------------|---------------------|
| Dell™ XPS™ 15 4K               | 16.03               | 2,441                    | 419                       | 1,123                    | 176                       | \$1,999.99          |
| Dell XPS 13 4K                 | 26.59               | 1,391                    | 400                       | 584                      | 166                       | \$1,629.99          |
| Dell Inspiron™ 7000 2-in-1 13  | 14.22               | 1,248                    | 385                       | 568                      | 160                       | \$849.99            |
| HP Spectre® x360 15            | 10.62               | 1,220                    | 398                       | 526                      | 171                       | \$1,599.99          |
| HP Envy x360 15                | 10.87               | 1,359                    | 357                       | 670                      | 148                       | \$849.99            |
| HP Spectre x360 13             | 10.40               | 1,213                    | 428                       | 551                      | 183                       | \$1,349.99          |
| HP Envy x360 13                | 13.03               | 1,116                    | 349                       | 536                      | 138                       | \$849.99            |
| Lenovo® Yoga™ C930 14          | 9.32                | 1,421                    | 412                       | 638                      | 170                       | \$1,649.99          |
| Lenovo Yoga 730                | 10.38               | 1,313                    | 325                       | 606                      | 146                       | \$829.99            |
| Acer® Swift 5                  | 8.42                | 1,145                    | 350                       | 492                      | 144                       | \$989.99            |
| ASUS ZenBook 14                | 11.13               | 1,336                    | 387                       | 618                      | 167                       | \$1,195.00          |
| <b>Windows 10 average</b>      | <b>12.82</b>        | <b>1382.05</b>           | <b>382.76</b>             | <b>628.38</b>            | <b>160.73</b>             | <b>\$1,254.08</b>   |
| Apple® MacBook Air® 13 (128GB) | 28.04               | 675                      | 325                       | 273                      | 128                       | \$1,199.99          |
| Apple MacBook Air 13 (256GB)   | 27.82               | 673                      | 323                       | 272                      | 127                       | \$1,399.99          |
| Apple MacBook Pro® 13 (128GB)  | 23.77               | 992                      | 371                       | 394                      | 147                       | \$1,299.99          |
| Apple MacBook Pro 13 (256GB)   | 19.05               | 1,745                    | 389                       | 721                      | 156                       | \$1,499.99          |
| Apple MacBook Pro 15 (256GB)   | 20.46               | 2,541                    | 425                       | 1,080                    | 173                       | \$2,399.99          |
| <b>macOS average</b>           | <b>23.83</b>        | <b>1325.12</b>           | <b>366.52</b>             | <b>547.72</b>            | <b>146.24</b>             | <b>\$1,599.99</b>   |

## Appendix B: System configuration information

The table below presents detailed information on the systems we tested.

| System                        | Dell XPS 15 9570  | Dell XPS 13 9370                         | Dell Inspiron 13 7386  | HP Spectre x360 Convertible 15                                |
|-------------------------------|---|--|------------------------|---|
| <b>Processor</b>              |   |  |                        |   |
| Vendor                        | Intel®  | Intel                                    | Intel                  | Intel   |
| Name                          | Core™ i7  | Core i7                                  | Core i5                | Core i7   |
| Model number                  | 8750H   | 8550U                                    | 8265U                  | 8550U   |
| Core frequency (GHz)          | 2.2 – 4.1   | 1.8 – 4.0                                | 1.6 – 4.6              | 1.80 – 4.00   |
| Number of cores               | 6   | 4  | 4                      | 4   |
| Cache                         | 9 MB L3   | 8 MB L3                                  | 6 MB L3                | 8 MB L3   |
| <b>Memory</b>                 |   |  |                        |   |
| Amount (GB)                   | 16  | 16                                       | 8                      | 16  |
| Type                          | DDR4  | DDR3                                     | DDR4                   | DDR4  |
| Speed (MHz)                   | 2,666   | 1,866                                    | 2,400                  | 2,666   |
| <b>Graphics</b>               |   |  |                        |   |
| Vendor                        | Integrated: Intel<br>Discrete: NVIDIA®                              | Intel                                    | Intel                  | Integrated: Intel<br>Discrete: NVIDIA                         |
| Model number                  | Integrated:<br>UHD Graphics 630<br>Discrete:<br>GeForce GTX 1050 Ti | UHD Graphics 620                         | UHD Graphics 620       | Integrated:<br>UHD Graphics 620<br>Discrete:<br>GeForce MX150 |
| <b>Storage</b>                |   |  |                        |   |
| Amount (GB)                   | 512   | 512                                      | 256                    | 512   |
| Type                          | SSD   | SSD                                      | SSD                    | SSD   |
| <b>Connectivity/expansion</b> |   |  |                        |   |
| Wireless internet             | Killer Wireless-n/a/ac<br>1535                                      | Killer Wireless-n/a/ac<br>1435           | Intel Wireless-AC 9560 | Intel Wireless-AC 9260  |
| Bluetooth                     | 4.2   | 4.2                                      | 5.0                    | 4.2   |
| USB                           | 2 x USB 3.1, 1 x USB-C  | 1 x USB 3.1                              | 1 x USB 3.1, 1 x USB-C | 1 x USB 3.1   |
| Video                         | 1 x HDMI, 1 x<br>Thunderbolt  | 1 x mini-DisplayPort, 2 x<br>Thunderbolt | 1 x HDMI               | 2 x Thunderbolt, 1 x<br>HDMI                                  |
| <b>Battery</b>                |   |  |                        |   |
| Type                          | Lithium-polymer   | Lithium-polymer                          | Lithium-polymer        | Lithium-ion   |
| Rated capacity (Wh)           | 56  | 56                                       | 38                     | 84  |
| <b>Display</b>                |   |  |                        |   |
| Size (in.)                    | 15.6  | 13.3                                     | 13.3                   | 15.6  |
| Type                          | FHD LED   | Ultra HD LED                             | FHD LED                | WLED  |
| Resolution                    | 1,920 x 1,080   | 3,840 x 2,160                            | 1,920 x 1,080          | 3,840 x 2,169   |
| Touchscreen                   | Yes   | Yes                                      | Yes                    | Yes   |

| System                        | Dell XPS 15 9570 | Dell XPS 13 9370 | Dell Inspiron 13 7386 | HP Spectre x360 Convertible 15 |
|-------------------------------|------------------|------------------|-----------------------|--------------------------------|
| <b>Operating system</b>       |                  |                  |                       |                                |
| Vendor                        | Microsoft        | Microsoft        | Microsoft             | Microsoft                      |
| Name                          | Windows 10 Pro   | Windows 10 Home  | Windows 10 Home       | Windows 10 Home                |
| Build number or version       | 10.0.18362       | 10.0.18362       | 10.0.18362            | 10.0.18362                     |
| <b>Hardware</b>               |                  |                  |                       |                                |
| Release year                  | 2018             | 2018             | 2018                  | 2018                           |
| <b>BIOS</b>                   |                  |                  |                       |                                |
| BIOS name and version         | Dell 1.7.0       | Dell 1.5.1       | Dell 1.1.0            | AMI F.21                       |
| <b>Dimensions w/ keyboard</b> |                  |                  |                       |                                |
| Height (in.)                  | 0.91             | 0.75             | 0.67                  | 0.82                           |
| Width (in.)                   | 14.06            | 11.88            | 12.11                 | 14.13                          |
| Depth (in.)                   | 9.27             | 7.85             | 8.29                  | 9.82                           |
| Weight (lbs.)                 | 4.44             | 2.69             | 3.06                  | 4.50                           |

| System           | HP Spectre x360 Convertible 13 | HP Envy x360 15  | HP Envy x360 13 | Lenovo Yoga C930 14 |
|------------------|--------------------------------|------------------|-----------------|---------------------|
| <b>Processor</b> |                                |                  |                 |                     |
| Vendor           | Intel                          | Intel            | AMD             | Intel               |
| Name             | Core i7                        | Core i5          | Ryzen™ 5 Mobile | Core i7             |
| Model number     | 8565U                          | 8250U            | 2500U           | 8550U               |
| Core frequency   | 1.80 – 4.60                    | 1.60 – 3.40      | 2.0 – 3.6       | 1.80 – 4.0          |
| Number of cores  | 4                              | 4                | 4               | 4                   |
| Cache            | 8 MB L3                        | 6 MB L3          | 4 MB L3         | 8 MB L3             |
| <b>Memory</b>    |                                |                  |                 |                     |
| Amount (GB)      | 8                              | 8                | 8               | 16                  |
| Type             | DDR4                           | DDR4             | DDR4            | DDR4                |
| Speed (MHz)      | 2,400                          | 2,666            | 2,400           | 2,400               |
| <b>Graphics</b>  |                                |                  |                 |                     |
| Vendor           | Intel                          | Intel            | AMD             | Intel               |
| Model number     | UHD Graphics 620               | UHD Graphics 620 | Radeon™ Vega 8  | UHD Graphics 620    |
| <b>Storage</b>   |                                |                  |                 |                     |
| Amount (GB)      | 256                            | 256              | 128             | 512                 |
| Type             | SSD                            | SSD              | SSD             | SSD                 |

| System                        | HP Spectre x360 Convertible 13 | HP Envy x360 15        | HP Envy x360 13                  | Lenovo Yoga C930 14              |
|-------------------------------|--------------------------------|------------------------|----------------------------------|----------------------------------|
| <b>Connectivity/expansion</b> |                                |                        |                                  |                                  |
| Wireless internet             | Intel Wireless-AC 9560         | Intel Wireless-AC 7265 | Intel Dual Band Wireless-AC 7265 | Intel Wireless-AC 9260           |
| Bluetooth                     | 5.0                            | 4.2                    | 4.2                              | 4.1                              |
| USB                           | 1 x USB 3.1                    | 2 x USB 3.1, 1 x USB-C | 2 x USB 3.1, 1 x USB-C           | 1 x USB 3.1, 1 x USB-C           |
| Video                         | 2 x Thunderbolt                | 1 x HDMI               | 1 x DisplayPort, 1 x HDMI        | 1 x DisplayPort, 1 x Thunderbolt |
| <b>Battery</b>                |                                |                        |                                  |                                  |
| Type                          | Lithium-ion                    | Lithium-ion            | Lithium-ion                      | Li-Cylinder                      |
| Rated capacity (Wh)           | 60                             | 52.5                   | 45                               | 60                               |
| <b>Display</b>                |                                |                        |                                  |                                  |
| Size (in.)                    | 13.3                           | 15.6                   | 13.3                             | 13.9                             |
| Type                          | WLED                           | WLED                   | WLED                             | UHD IPS                          |
| Resolution                    | 1,920 x 1,080                  | 1,920 x 1,080          | 1,920 x 1,080                    | 3,840 x 2,160                    |
| Touchscreen                   | Yes                            | Yes                    | Yes                              | Yes                              |
| <b>Operating system</b>       |                                |                        |                                  |                                  |
| Vendor                        | Microsoft                      | Microsoft              | Microsoft                        | Microsoft                        |
| Name                          | Windows 10 Home                | Windows 10 Home        | Windows 10 Home                  | Windows 10 Home                  |
| Build number or version       | 10.0.18362                     | 10.0.18362             | 10.0.18362                       | 10.0.18362                       |
| <b>Hardware</b>               |                                |                        |                                  |                                  |
| Release year                  | 2019                           | 2018                   | 2018                             | 2018                             |
| <b>BIOS</b>                   |                                |                        |                                  |                                  |
| BIOS name and version         | AMI F.14                       | Insyde F.16            | AMI F.21                         | Lenovo 8GCN30WW                  |
| <b>Dimensions w/ keyboard</b> |                                |                        |                                  |                                  |
| Height (in.)                  | 0.61                           | 0.77                   | 0.64                             | 0.61                             |
| Width (in.)                   | 12.16                          | 14.10                  | 12.07                            | 12.70                            |
| Depth (in.)                   | 8.58                           | 9.66                   | 8.43                             | 8.92                             |
| Weight (lbs.)                 | 4.41                           | 4.41                   | 2.90                             | 3.02                             |

| System                        | Lenovo Yoga 730 13               | Acer Swift 5 14                  | ASUS ZenBook 14                     | Apple MacBook Pro 15 (256GB)                                    |
|-------------------------------|----------------------------------|----------------------------------|-------------------------------------|---|
| <b>Processor</b>              |                                  |                                  |                                     |   |
| Vendor                        | Intel                            | Intel                            | Intel                               | Intel   |
| Name                          | Core i5                          | Core i5                          | Core i7                             | Core i7   |
| Model number                  | 8250U                            | 8250U                            | 8565U                               | 8750H   |
| Core frequency                | 1.60 – 3.4                       | 1.60 – 3.40                      | 1.80 – 4.60                         | 2.2 – 4.1   |
| Number of cores               | 4                                | 4                                | 4                                   | 6   |
| Cache                         | 6 MB L3                          | 6 MB L3                          | 8 MB L3                             | 9 MB L3   |
| <b>Memory</b>                 |                                  |                                  |                                     |   |
| Amount (GB)                   | 8                                | 8                                | 16                                  | 16  |
| Type                          | DDR4                             | LPDDR3                           | LPDDR3                              | DDR4  |
| Speed (MHz)                   | 2,400                            | 1,600                            | 2,133                               | 2,400   |
| <b>Graphics</b>               |                                  |                                  |                                     |   |
| Vendor                        | Intel                            | Intel                            | Intel                               | Integrated: Intel<br>Discrete: AMD                              |
| Model number                  | UHD Graphics 620                 | UHD Graphics 620                 | UHD Graphics 620                    | Integrated:<br>UHD Graphics 620<br>Discrete:<br>Radeon Pro 555X |
| <b>Storage</b>                |                                  |                                  |                                     |   |
| Amount (GB)                   | 256                              | 256                              | 512                                 | 256   |
| Type                          | SSD                              | SSD                              | SSD                                 | SSD   |
| <b>Connectivity/expansion</b> |                                  |                                  |                                     |   |
| Wireless internet             | Intel Dual Band Wireless-AC 8265 | Intel Dual Band Wireless-AC 7265 | Intel Wireless-AC 9560              | 802.11ac  |
| Bluetooth                     | 4.2                              | 4.2                              | 5.0                                 | 5.0   |
| USB                           | 1 x USB 3.0                      | 2 x USB 3.0, 1 x USB-C           | 1 x USB 2.0, 1 x USB 3.1, 1 x USB-C | 4 x USB-C   |
| Video                         | 2 x Thunderbolt                  | 1 x HDMI                         | 1 x HDMI                            | 4 x Thunderbolt   |
| <b>Battery</b>                |                                  |                                  |                                     |   |
| Type                          | Lithium-polymer                  | Lithium-ion                      | Lithium-polymer                     | Lithium-polymer   |
| Rated capacity (Wh)           | 48                               | 45                               | 65                                  | 83.6  |
| <b>Display</b>                |                                  |                                  |                                     |   |
| Size (in.)                    | 13.3                             | 14.0                             | 14.0                                | 15.4  |
| Type                          | UHD IPS                          | LCD                              | LED                                 | LED   |
| Resolution                    | 1,920 x 1,080                    | 1,920 x 1,080                    | 1,920 x 1,080                       | 2,880 x 1,800   |
| Touchscreen                   | Yes                              | Yes                              | No                                  | No  |

| System                        | Lenovo Yoga 730 13     | Acer Swift 5 14    | ASUS ZenBook 14                 | Apple MacBook Pro 15 (256GB) |
|-------------------------------|------------------------|--------------------|---------------------------------|------------------------------|
| <b>Operating system</b>       |                        |                    |                                 |                              |
| Vendor                        | Microsoft              | Microsoft          | Microsoft                       | Apple                        |
| Name                          | Windows 10 Home        | Windows 10 Home    | Windows 10 Home                 | macOS® High Sierra           |
| Build number or version       | 10.0.18362             | 10.0.18362         | 10.0.18362                      | 10.13.6                      |
| <b>Hardware</b>               |                        |                    |                                 |                              |
| Release year                  | 2018                   | 2017               | 2018                            | 2018                         |
| <b>BIOS</b>                   |                        |                    |                                 |                              |
| BIOS name and version         | Lenovo 7LCN21WW(V1.02) | Insyde Corp. V1.05 | American Megatrends UX433FA.301 | N/A                          |
| <b>Dimensions w/ keyboard</b> |                        |                    |                                 |                              |
| Height (in.)                  | 0.63                   | 0.60               | 0.64                            | 0.61                         |
| Width (in.)                   | 12.10                  | 13.00              | 12.56                           | 13.75                        |
| Depth (in.)                   | 8.51                   | 8.97               | 7.85                            | 9.48                         |
| Weight (lbs.)                 | 2.70                   | 2.06               | 2.66                            | 3.96                         |

| System           | Apple MacBook Pro 13 (256GB) | Apple MacBook Pro 13 (128GB) | Apple MacBook Air 13 (256GB) | Apple MacBook Air 13 (128GB) |
|------------------|------------------------------|------------------------------|------------------------------|------------------------------|
| <b>Processor</b> |                              |                              |                              |                              |
| Vendor           | Intel                        | Intel                        | Intel                        | Intel                        |
| Name             | Core i5                      | Core i5                      | Core i5                      | Core i5                      |
| Model number     | 8259U                        | 7360U                        | 8210Y                        | 8210Y                        |
| Core frequency   | 2.30 – 3.80                  | 2.30 – 3.60                  | 1.60 – 3.6                   | 1.60 – 3.6                   |
| Number of cores  | 4                            | 2                            | 2                            | 2                            |
| Cache            | 6 MB L3                      | 4 MB L3                      | 4 MB L3                      | 4 MB L3                      |
| <b>Memory</b>    |                              |                              |                              |                              |
| Amount           | 8                            | 8                            | 8                            | 8                            |
| Type             | LPDDR3                       | LPDDR3                       | LPDDR3                       | LPDDR3                       |
| Speed (MHz)      | 2,133                        | 2,133                        | 2,133                        | 2133                         |
| <b>Graphics</b>  |                              |                              |                              |                              |
| Vendor           | Intel                        | Intel                        | Intel                        | Intel                        |
| Model number     | Iris Plus Graphics 655       | Iris Plus Graphics 640       | UHD Graphics 617             | UHD Graphics 617             |
| <b>Storage</b>   |                              |                              |                              |                              |
| Amount (GB)      | 256                          | 128                          | 256                          | 128                          |
| Type             | SSD                          | SSD                          | SSD                          | SSD                          |

| System                        | Apple MacBook Pro 13 (256GB) | Apple MacBook Pro 13 (128GB) | Apple MacBook Air 13 (256GB) | Apple MacBook Air 13 (128GB) |
|-------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|
| <b>Connectivity/expansion</b> |                              |                              |                              |                              |
| Wireless internet             | 802.11ac                     | 802.11ac                     | 802.11ac                     | 802.11ac                     |
| Bluetooth                     | 5.0                          | 4.2                          | 5.04                         | 5.0                          |
| USB                           | 4 x USB-C                    | 2 x USB-C                    | 2 x USB-C                    | 2 x USB-C                    |
| Video                         | 4 x Thunderbolt              | 2 x Thunderbolt              | 2 x Thunderbolt              | 2 x Thunderbolt              |
| <b>Battery</b>                |                              |                              |                              |                              |
| Type                          | Lithium-polymer              | Lithium-polymer              | Lithium-polymer              | Lithium-polymer              |
| Rated capacity (Wh)           | 58                           | 54.5                         | 50.3                         | 50.3                         |
| <b>Display</b>                |                              |                              |                              |                              |
| Size (in.)                    | 13.3                         | 13.3                         | 13.3                         | 13.3                         |
| Type                          | LED                          | LED                          | LED                          | LED                          |
| Resolution                    | 2,560 x 1,600                | 2,560 x 1,600                | 2,560 x 1,600                | 2,560 x 1,600                |
| Touchscreen                   | No                           | No                           | No                           | No                           |
| <b>Operating system</b>       |                              |                              |                              |                              |
| Vendor                        | Apple                        | Apple                        | Apple                        | Apple                        |
| Name                          | macOS High Sierra            | macOS Mojave                 | macOS Mojave                 | macOS Mojave                 |
| Build number or version       | 10.13.6                      | 10.14.3                      | 10.14.3                      | 10.14.3                      |
| <b>Hardware</b>               |                              |                              |                              |                              |
| Release year                  | 2018                         | 2017                         | 2018                         | 2018                         |
| <b>Dimensions w/ keyboard</b> |                              |                              |                              |                              |
| Height (in.)                  | 0.59                         | 0.59                         | 0.61                         | 0.61                         |
| Width (in.)                   | 11.97                        | 11.97                        | 11.97                        | 11.97                        |
| Depth (in.)                   | 8.36                         | 8.36                         | 8.36                         | 8.36                         |
| Weight (lbs.)                 | 2.98                         | 2.99                         | 2.68                         | 2.71                         |

# Appendix C: How we tested

## Testing boot performance

### Running the test

1. Prepare the stopwatch.
2. Simultaneously start the stopwatch and press the power button.
3. Enter the password when prompted, and press Enter.
4. When taskbar loads, stop the stopwatch and record the results.
5. Repeat steps 1 through 4 four more times, and report the average of the five runs.

## Testing performance with Cinebench R20

### Setting up the test

1. Download the CineBench R20 zipped Windows package from <https://www.maxon.net/en-us/support/downloads/>.
2. Unzip the CineBench R20 Windows package to the desktop.
3. Launch CineBench by double-clicking the CINEBENCH Windows 64 Bit icon inside the unzipped directory.
4. Click Agree to the EULA.
5. Select File→Advanced benchmark. Verify that you have selected OpenGL, CPU, and CPU (Single Core).
6. Exit CineBench.

### Running the test

1. Boot the system, and wait 5 minutes before running the test.
2. Double-click the CINEBENCH Windows 64 Bit icon inside the unzipped directory.
3. Select File→Run all selected tests.
4. When the benchmark run completes, record the results.
5. Shut down the system.
6. Repeat steps 1 through 5 four more times, and report the average of the five runs.

## Testing performance with Cinebench R15

Note: Since the release of the R20 benchmark, Maxon has removed the direct download link for the R15 benchmark. To test the devices using Cinebench R15, we used an old installation that we had for testing.

### Setting up the test

1. Launch Cinebench R15.
2. If you have not previously accepted the EULA, click Agree to the EULA.
3. Select File→Advanced benchmark. Verify that you have selected OpenGL, CPU, and CPU (Single Core).
4. Exit Cinebench.

### Running the test

1. Boot the system, and wait five minutes before running the test.
2. Double-click the CINEBENCH Windows 64 Bit icon.
3. Select File→Run all selected tests.
4. When the benchmark run completes, record the results.
5. Shut down the system.
6. Repeat steps 1 through 5 four more times, and report the average of the five runs.

This project was commissioned by Microsoft.



**Facts matter.®**

Principled Technologies is a registered trademark of Principled Technologies, Inc.  
All other product names are the trademarks of their respective owners.

#### DISCLAIMER OF WARRANTIES; LIMITATION OF LIABILITY:

Principled Technologies, Inc. has made reasonable efforts to ensure the accuracy and validity of its testing, however, Principled Technologies, Inc. specifically disclaims any warranty, expressed or implied, relating to the test results and analysis, their accuracy, completeness or quality, including any implied warranty of fitness for any particular purpose. All persons or entities relying on the results of any testing do so at their own risk, and agree that Principled Technologies, Inc., its employees and its subcontractors shall have no liability whatsoever from any claim of loss or damage on account of any alleged error or defect in any testing procedure or result.

In no event shall Principled Technologies, Inc. be liable for indirect, special, incidental, or consequential damages in connection with its testing, even if advised of the possibility of such damages. In no event shall Principled Technologies, Inc.'s liability, including for direct damages, exceed the amounts paid in connection with Principled Technologies, Inc.'s testing. Customer's sole and exclusive remedies are as set forth herein.