Power your workdays with longer battery life and better performance

In our battery life and performance tests, a Dell™ Pro 14 Plus powered by an Intel® Core™ Ultra 5 235U processor with Intel vPro® outperformed 2022 and 2023 Latitude laptops

Make anywhere a more productive workspace

MobileMark® 30 uses real-world applications to measure battery life in office productivity scenarios.[1] Higher minutes-per-watt-hour (Whr) scores point to better energy efficiency, which is the ratio of the useful output energy to the total input energy consumed.

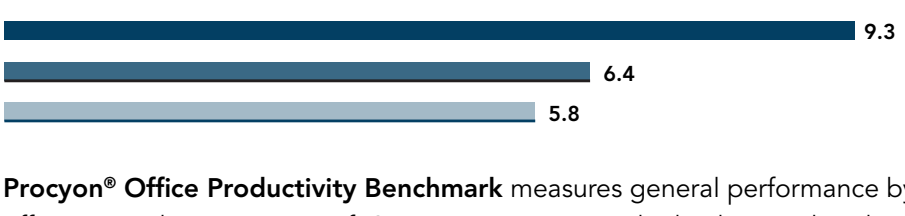
MobileMark 30

Best power efficiency | Display brightness: 250 nits | Higher is better

Battery life | hh:mm

Up to **50.44%** *longer battery life*

Minutes per Whr score | mm/Whr

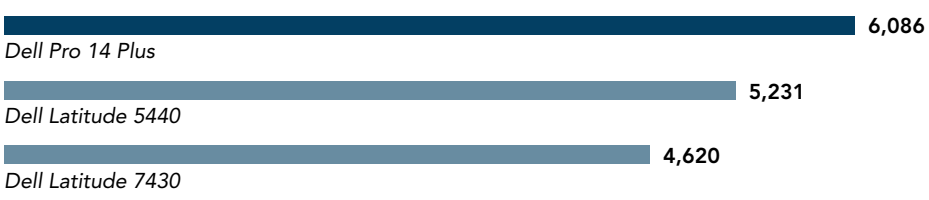


Up to **58.64%** *better energy efficiency*

Procyon® Office Productivity Benchmark measures general performance by mimicking a typical day at the office—even leaving Microsoft 365 apps "running in the background as the focus moves from one task to another."[2]

Procyon Office Productivity Benchmark score

Higher is better



Up to **31.73%** *better system performance*

Accelerate processor-intensive tasks

3DMark® Steel Nomad is a content creation benchmark that runs a native 4K render to test GPU performance.[3]

3DMark Steel Nomad

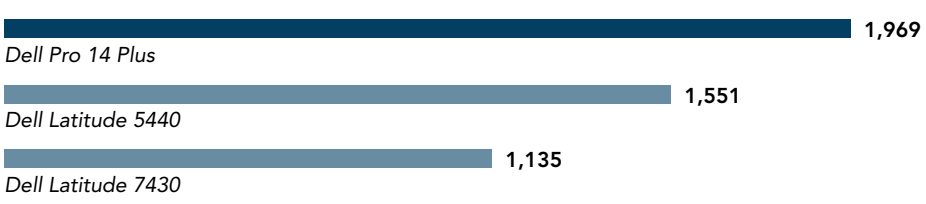
Score | Higher is better

Up to **3.3x** *the graphics performance*

PugetBench for Premiere Pro measures CPU and GPU performance using Adobe® Premiere® Pro in real-world workflows.[4]

PugetBench for Premiere Pro

Score | Higher is better



Up to **73.48%** *better video-editing performance*

Reduce wait times while keeping data private

Geekbench AI measures on-device AI performance using large language models (LLMs).[5] In our testing, we used the Intel OpenVINO™ AI framework.

Geekbench AI – CPU score

Half Precision results | Higher is better

Up to **4.7x** *the on-device AI performance*

Procyon AI Computer Vision Benchmark measures AI inference performance using different AI inference engines.[6] Artists, medical professionals, and real estate firms use the Real-ESRGAN engine to enhance image quality.[7]

Procyon AI Computer Vision Benchmark – Real-ESRGAN total inferences count

Intel® OpenVINO™ | Integer-optimized results | Higher is better

Up to **3.4x** *the Real-ESRGAN total inference count*

Learn more at https://facts.pt/H49Nehr

1 BAPCo, "MobileMark 30," accessed August 4, 2025, https://bapco.com/mobilemark-30/.

2 UL Solutions, "Procyon® Office Productivity Benchmark," accessed August 4, 2025, https://benchmarks.ul.com/procyon/office-productivity-benchmark.

3 UL Solutions, "3DMark, Steel Nomad is out now!" accessed August 4, 2025, https://benchmarks.ul.com/news/3dmark-steel-nomad-is-out-now.

4 Puget Systems, "PugetBench for Premiere Pro," accessed August 4, 2025, https://www.pugetsystems.com/pugetbench/creators/premiere-pro/.

5 Geekbench AI, "Introducing Geekbench AI," accessed August 4, 2025, https://www.geekbench.com/ai/.

6 UL Solutions, "Procyon® AI Computer Vision Benchmark," accessed July 28, 2025, https://benchmarks.ul.com/procyon/ai-inference-benchmark-for-windows.

7 Natsnoyuki AI Lab, "Upscaling images with Real-ESRGAN," accessed May 27, 2025, https://medium.com/@natsunoyuki/upscaling-images-with-real-esrgan-db579e9fb68d.

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